

THE HR CHECKLIST

Look at all HR processes through a neuro-inclusive lens. Is the organization aware of preferences when it comes to the following subjects:

Recruitment

- Look and feel of the website or the vacancy text
- Look and feel of advertisements
- Application procedure
- Use of personality tests
- Location of the job interview
- Relevant information or interview questions provided in advance
- Picture of the building or workplace
- Mention of (neuro)diversity in communications
- Conditions for a candidate to feel comfortable
- Working preferences
- Preparation for the first working day/working week/working month

- Neurodiversity as an explicit topic at onboarding days
- Mentorship

Learning and Developing

- Multimedia approach
- Variation in learning formats
- Make learning speed variable
- Stimulate curiosity
- Interaction preferences
- Text and image
- 'Text to speech' and 'speech to text' software availability
- Fonts
- Individual versus classroom learning

Leadership

- Role models in the organization
- Topic in leadership trajectories
- Learning offer available for managers
- Workshops for managers and teams
- (Reverse) Mentoring program

Talent development

- Room for spiky profiles
- Explicitly value creativity and innovativeness
- Flexible job profiles or roles
- Room for additional functions, projects or networks
- Dealing with 'learning hunger', personal development outside of function

Work content

- Degree of complexity
- Amount of work
- Adjustment options in line with work rhythm
- Routine versus variety
- Room for side projects
- Degree of freedom / free role

To collaborate

- Clear communication
- Communication preferences
- Time online versus time together
- Inclusive social activities and events
- Extent and nature of meetings
- Mandatory versus optional collaboration
- Remote working / hybrid working

Working environment

- Social spaces
- Quiet places
- Stimulation control (light, smell, sound)
- Fixed versus flexible workplace
- Office accessibility
- Available nutrition

Events

- Opportunity to participate partially
- Rest moments in program
- Information in advance about location and accessibility
- Map and photo material

- Noise level
- Safe space
- Lanyards
- Wide range of food
- Point of contact on the day itself

(mental) working conditions

- Flexible time schedule in line with work rhythm and/or commuting
- Output-driven working
- Home office facilities
- Broader or more general job profile
- Inclusive performance management
- Hours available for training, development, gaining knowledge, networking
- Wellbeing offering: exercise, sleep, nutrition, mental support, stages of life, neurotype specific offering
- Possibilities for extended leave / sabbatical
- Disability insurance
- Life insurance
- Hours available for neurodiversity network

Occupational health and safety matters

- Knowledge of neurodiversity among occupational physicians and other supervisors
- Demedicalization -> social model
- Collaborate with interest groups